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Mission to get more parking

ROADS
Pilot project will allow cars to park along 4 Street SW

 **Helen Pike**
Metro | Calgary

Imagine you're driving down 4 Street SW in rush hour, but it's a lot like 17th Avenue.

Commuters may notice a change soon as the city embarks on a few parking tweaks in the Mission area.

Starting in June, pending the ongoing design work, the City of Calgary will begin a pilot project that allows parking along north-bound 4 Street SW during the evening rush hour.

The pilot will also change a few loading zones to become paid parking stalls.

This is something the community association said they've been advocating for.

"That's great," said Cliff Bunga-

low-Mission Community Association President Bob Lang. "It's actually been our position for years. If you look at 17th Avenue that's exactly what they have, and we think it works there, and we think it would work here."

Lang added it would be a great initiative for businesses, but also a good buffer to help pedestrians feel safe.

Eric MacNaughton, parking strategist with the city, said they're hoping to monitor traffic to see if there's any major delays. "Is it or is it not interfering with traffic or transit at all," MacNaughton said. "We're trying to get some data now on how much time it takes to drive up 4th street, and how much time it takes when we start allowing parking in the p.m. rush hour."

MacNaughton said 4 Street is a growing main street, and the city is trying to see how they can continue to support businesses through small, inexpensive tweaks. "It will make it easier for people to get there and go to the shops and restaurants," MacNaughton said.

The pilot will be in place for six months, and MacNaughton said they will be monitoring if the newly available parking stalls are being used.



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Safe Night offers women choice

CRIME

Group wants more options for sexual assault victims



Lucie Edwardson
Metro | Calgary

A pilot program launched April 1 is aiming to break down barriers for Calgary-area victims of sexual assault.

The Safe Night pilot project is a way of offering sex assault victims with options, according to Meg Sloane, the area manager for Calgary Sexual Assault Response Team (CSART).

"This program is about providing choice and allowing survivors of sexual assault to guide their own trauma informed care," she said. Victims can access Option 1 (solely medical care), and Option 2 (medical care and reporting to police) at any medical facility in the Calgary area. But, a third option allows for a victim to collect physical evidence up to four days after their assault and will be stored by CSART for up to one year, allowing the victim to choose when, and



Marcy Harris RN with the CSART, left, and Meg Sloane, the area manager for CSART, hope Safe Night breaks down barriers preventing sexual assault victims in rural areas from seeking help. KENNETH APPLEBY/FOR METRO

if, they want to report what happened to police — which is only offered by CSART at Sheldon M. Chumir Health Centre in Calgary.

Safe Night will pay the taxi

fare for victims who have sought medical care following a sexual assault, from the medical centre in their rural location to the Sheldon M. Chumir Health Centre in Calgary,

where they will be able to exercise the third option.

"It gives them the time to make a choice about what is right for them," said Sloane.

Those who access Safe Night

will also be set up at a shelter or hotel for the night if they're unable to return home safely.

Danielle Aubry, executive director of Calgary Communities Against Sexual Assault

(CCASA), said the third option gives the gift of time, but isn't always the best for victims who want to report their assault.

"We want to make sure we let people know that it's not the most ideal option if you decide to go forward later," she said. "If a survivor reports immediately, the police take a statement right away and determine whether or not there is a scene they need to go to or anyone they need to talk to right away. We let them know that if they wait evidence can disappear."

Sloane said since Safe Night launched April 1 no one has used the service but she said their rural partners are aware of the program and will inform victims who come to them.

"Our partners, both medical providers and RCMP and police are very supportive of our program," she said.

Sloane said initiatives like Safe Night are also an important way to let victims know their story is believed.

"They have come and presented themselves for sexual assault care, and that's what we're going to provide," she said.

Sloane said care includes physical exams and treatment, and psychological resources are also made available.

6%



Courtesy of StatsCan: Of every 100 incidents of sexual assault, only six are reported to the police.

80%



The percentage of sexual assault incidents that occur in the home.



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Chasing Summer moves venues

MUSIC

Councillors hope new site a safer setup

Helen Pike
Metro | Calgary

It's back — but this year, under a watchful eye.

Chasing Summer made headlines in Calgary for all the wrong reasons in 2015 after 17 people were treated for "drug-related illness" at the popular electronic dance music festival.

Coun. Druh Farrell said the Calgary Emergency Management Agency (CEMA), Calgary Police Service and Alberta Health Services will assess a "comprehensive safety and security plan" for the festival and all festivals — something the city said is policy.

What's more, CEMA's annual report highlights its concerns with big events like Chasing Summer and has added it to its Top 10 list of risks for Calgarians.

"We'll see what happens



Chasing Summer has been held at Fort Calgary but will be moving locales this year following concerns. FACEBOOK

“We’ve tightened up the rules around this as far as location goes.”
Diane Colley-Urquhart

this summer. It was certainly a major concern in East Village,” said Farrell. “We already have a high level of drug use, and obviously there was significant drug use at this festival, so why burden an already fragile

community.”

A Calgary police spokesperson said they're not concerned about the event and have been working closely with the organizers to make sure it goes off without a hitch.

This year the show has moved to the Max Bell Centre festival grounds. The website highlights safety and security measures — music to Coun. Diane Colley-Urquhart's ears. “You always have to be care-

ful that it's something that's manageable and it's not going to have a negative impact on the communities in which it's held,” said Colley-Urquhart. “We've tightened up the rules around this as far as location

goes.”

Colley-Urquhart said she hopes to get out the message to young people about being careful.

“In the environment we're working in, with the use of fentanyl and the high number of deaths we've had in the province, it all comes down to people's personal choices,” she said. “Talk to your kids. If they're going down to this event, we just want them to be safe; we want them to make good choices.”

This isn't the first time festivalgoers were treated for ingesting powerful party drugs. In 2014, 10 people were sent to hospital with drug-related symptoms after attending the same festival.

“I think they've got the message loud and clear from the city that what happened last year was totally unacceptable,” Colley-Urquhart said. “And it really lowered the bar as far as what we're used to in our city.... We have a certain community standard that we expect in our city.”

Metro reached out to the festival's organizers but didn't hear back by press time.

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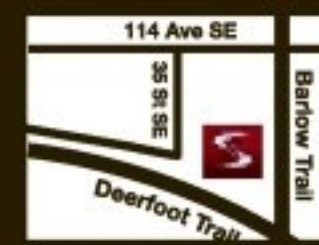
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POLICE

One dead after car rear-ends parked bus

One person has died after ramming a car into the back end of a bus.

Emergency crews were called around 4:30 a.m. Tuesday to an area near 52nd Street and 126th Avenue S.E. for reports of a crash between a car and a school bus.

When crews arrived they found a small car had crashed into the back end of a parked school bus, becoming embedded under the rear of the bus. An adult driver, believed to be male, was found dead at the scene. It's believed there were no other occupants in the car and no other injuries were reported.

Calgary police are investigating the events surrounding the crash.

Anyone with information is asked to call police at 403-266-1234. METRO

Man held in connection with Dover shooting

Calgary police have arrested a man in relation to a Tuesday morning shooting.

At about 1:18 a.m. on April 5, police were called to a home in the 3000 block of Dover Ridge Drive S.E. for reports that a man in his 30s had been shot. He was transported to hospital in non-life-threatening condition.

After questioning residents, police do not believe it was a random occurrence.

Officers arrested a man in the city's northwest on Tuesday afternoon, however, charges are still pending. Anyone with information about the shooting is asked to contact police.

METRO

Disability contracts lose the 'gag clause'

SERVICES

Consultations haven't been very smooth, says group

Jeremy Simes and Alex Boyd
For Metro | Calgary

Though the NDP government has removed what the Wildrose describes as a "gag clause" for service providers helping people with disabilities, Alberta's largest disability services group thinks the newly developed contracts require an overhaul.

The Human Services department has halted the implementation of new contract templates for disability service providers, after disability advocates raised concerns over their contents.

One clause, in particular, stated, "No press release, public announcement or other public commentary relating to this Contract shall be made by the Contractor without the prior written approval of the Province."

Aaron Manton, spokesman for Human Services Minister Irfan Sabir, said the department removed that clause as soon as concerns were raised, noting it was initially included to reflect common legal language.

"We will be removing the provisions that could impair the ability of service providers to advocate for their clients, which should not have been included in the first place," he said. "All Albertans have the right to advocate



Human Services Minister Irfan Sabir is under fire for his handling of disability contracts.

METRO FILE

for themselves and those in their care."

The provincial government is in the process of creating new contracts in an attempt to create fewer, more overarching versions, and therefore simplify the system — but advocates say its just created new headaches.

The "gag" clause wasn't the only issue, according to Jamie Post, communications co-ordinator with the Alberta Council of Disability Services.

Though Post said he couldn't describe the clauses in detail, he said concerning requirements include potential unfunded liabilities for service providers; and new

clauses that in essence micro-manage agencies and require the removal staff upon request.

"Things like having to report the name of every staffer in an agency and their position. You've got agencies with hundreds of staff," he said, referring to the potential micro-managing. "That's a huge admin burden."

The consultation process hasn't been as collaborative compared to past processes, Post added.

"This one coming out the way it did was bit of a shock," he said. "In the past there's been a contact advisory committee and that's been a very

collaborative group."

Wildrose Human Services Critic Angela Pitt said the government's handling of the contracts has been messy.

"I think it's a bundled mess," she said. "It takes a strong minister to take grasp of this file. PDD being one of the largest line item in a budget and involving so many people is difficult in itself, and I think it takes a strong minister to take grasp of this file."

Manton said the government has reached out to the Alberta Council of Disability Services to reiterate its commitment to working through any concerns.

RIGHT TO DIE

Mandate up for debate

Though Covenant Health plans not to offer physician-assisted deaths within its Catholic-mandated facilities, the government is still determining how the new federal law will affect publicly funded sites.

Earlier this week, Alberta's Roman Catholic bishops — one of whom sits on the Covenant Health Board — sent a letter to Associate Health Minister Brandy Payne, stating Roman Catholic individuals and institutions can't condone physician-assisted dying.

Gordon Self — vice-president of mission, ethics and spirituality with Covenant Health — said the organization won't provide physician-assisted deaths within its 18 facilities.

Instead, patients who wish to die will be transferred to another facility that will likely be run by Alberta Health Services, he said.

Doctors who work at Covenant, though, may have multiple site privileges, meaning they could perform physician-assisted deaths at other facilities.

"We only would be providing oversight and governing practices within our facility," Self said.

Minister Payne emphasized practitioners and patients won't be compelled to undergo a physician-assisted death, as conscience rights aren't up for debate. She said there are a number of issues and questions, like how the law affects publicly funded facilities, that need to be resolved.

"We will continue to meet with stakeholders about how we move forward with this issue," she said. "The question of what facilities will providing the service, question around age limit and if a period of reflection is required."

JEREMY SIMES/FOR METRO

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HOW DOES LASER TATTOO REMOVAL WORK?

The ink used in tattoos is made from minerals. To understand how tattoo removal works think of the ink as tiny "rocks." With multiple treatments, the "rocks" are broken down into smaller and smaller "pebbles."

The number of treatments required to get a tattoo off varies greatly based on factors such as the age of the tattoo, whether it was applied by a professional or not, the depth and concentration of ink, the number of colours, the type of laser used, and the technique used to perform the treatments.

Traditional lasers used for tattoo removal are called Q-Switches. These nano-second lasers predominantly rely on photothermal action and deliver heat into the pigment and surrounding tissue. A minimum of 6 treatments and upwards of 15 or 20 are required. Complete clearance of ink is an unlikelihood if the tattoo has multiple colours. Scarring is not only possible but probable. The risk of scarring from Q-Switch treatments is heightened by treatment methods that involve multiple passes in the same session.

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TATTOO COVER-UPS?

To fade or not to fade...

Tattoo shows such as Tattoo Nightmares and Ink Masters give people a false impression that tattoos can easily be covered up with other tattoos. Finding an artist with the confidence and skill to cover up something like large black tribal with a beautiful modern image is rare. Trying to cover any tattoo limits the possibilities for new art because you have to work around the tattoo you already have. Fading the old tattoo first with a few Picosure treatments allows you to clear the canvas and truly create something that reflects your personality and tastes. For those who cover up without fading first, more often than not what is created is worse than what they started with. The words I hear often are "It looks like a big blob." To add insult to injury, the fresh thick ink of a cover-up is far more difficult to remove than the old, faded ink they covered, would have been.

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Dave Richards lost about \$5,000 in wholesale retail value after bandits broke into his store.
JEREMY SIMES / FOR METRO

DevaDave robbed

CRIME

Part of spike in break-ins police link to poor economy



**Jeremy
Simes**
For Metro | Calgary

In the midst of closing down for good, Dave Richards was hoping he could sell or transfer the rest of his merchandise before thieves decided to snatch his wigs, corsets and shoes.

On Monday, Richards entered his retail store — DevaDave Boutique — to find quite the mess.

"I was quite calm," Richards recalled. "I just didn't think of being robbed."

But when he walked towards the back of the shop, he no-

ticed part of his ceiling had been busted through.

"You go inside and see all these empty boxes," he said. "There was bit and bits everywhere. My fridge door was open. My garbage bins are gone, too, actually."

The Calgary Police Service (CPS) is investigating the break and enter that occurred at DevaDave's, on 16 Ave NW, sometime last weekend.

Richards said the bandits managed to enter the shop through the roof, busting through the ceiling tiles.

CPS said while there hasn't been an increase in break-in activity along the 16 Avenue corridor recently, Calgary's overall level of break-in crime has spiked since last year.

In fact, 9,077 break-ins occurred in Calgary, a 56 per cent jump from last year's break-and-enter numbers. Of that number, there were 3,563 commercial break-ins, up 79 per

cent from last year.

Richards thinks about \$5,000 in wholesale retail value was stolen, he said, adding he's happy personal items, like his computer, weren't taken.

Police have linked the increase in crime volume to many factors, including drug activity and the economic downturn.

Due to trying times, Richards said people are more desperate than they once were.

"People need to survive — it's hard. Times are hard," he said. "They don't want to hurt people — they just want quick money for food."

He said he hopes other businesses take note and stay vigilant.

"Be careful with your money. Be careful with your cash. Make sure you get cameras on your site and watch what you put in the garbage," he said. "I probably won't get my stuff back, but that'd be nice."

EDUCATION

SAIT rebrands, gets new logo

The Southern Alberta Institute of Technology had a bit of a wardrobe change on Tuesday.

After almost a year of research, the polytechnic has decided to revamp their brand. A new look and logo were revealed at a campus event.

"Anticipation around the new brand has been building for months and we are looking forward to seeing it in action," said David Ross, president and CEO of SAIT, in a release.

"As we progress into our next century, the new brand story and visual identity represents both the present and future relationships SAIT has with our

community — students, employees, alumni and partners around the globe."

There's one thing missing from the new logo — the word 'polytechnic.'

After market research and focus groups, the marketing folks decided SAIT was enough to distinguish the institution.

"More than 4,000 voices united to contribute to SAIT's new brand," said Carol Rogalski, director of marketing at SAIT. "One piece of overwhelming feedback was the understanding that ... having the word in the name wasn't necessary."



The new logo. CONTRIBUTED

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BUSINESS

Entrepreneurs get 15 minutes to pitch ideas via Uber's app



Aaron Chatha
Metro | Calgary

The back seat of a car isn't usually used for this kind of business transaction.

On April 7, Uber and Startup Calgary are partnering to give Calgary entrepreneurs a chance to pitch their ideas to some of the city's biggest investors.

From 11 a.m. to 3 p.m., users can enter the code PITCHYYC into the Uber app, and a car will arrive — with an investor in the back seat.

Budding entrepreneurs have 15 minutes in the car to pitch their idea to the investor. Invest-



Jeremy Gilman is one of a few Calgary investors giving budding entrepreneurs just 15 minutes to pitch and prove themselves.

AARON CHATHA/METRO

ors include W. Brett Wilson and Manjit Minhas from Dragon's Den, and Jeremy Gilman from McRock Capital.

Gilman said, after the prospective entrepreneurs hop in the car, he'll listen to their pitch, ask a few questions, and

decide then if he's interested in scheduling a followup meeting or not.

"The idea is also for me to give them some feedback on their pitch as well, even if it's not quite inside the investment wheelhouse of my company."

McRock Capital is a venture capital firm focused on the intersection of sensors and software in large industrial markets.

What Gilman is looking for in a pitch is a solid, fully formed idea, which shows motivations and entrepreneurial spirit.

He said he wants to hear a solid execution plan, outlining steps from A to B to C, a good understanding of the market the company will be operating in, including competitors, and a realistic expectation in terms of investment and evaluation.

Gilman said he's grown up in Calgary, and it's important for him to give back to the community by helping smaller companies get off the ground and succeed.

"And for my company, we're Canadian based, so most of our investments happen in Canada," he said. "Calgary is one of the hot spots for entrepreneurs in Canada, and that makes it a good place to look."

ANIMALS

MP's office broken into by cat burglar



Helen Pike
Metro | Calgary

It's a catspacy!

A kitty constituent has snuck into Calgary Nosehill MP Michelle Rempel's office and has made itself at home — heck, it even has food and a litter box there.

To Rempel's surprise on Tuesday, a beautiful and friendly cat bypassed double-locked doors to hop onto her office couch, desk, and even settle on a briefing document she was trying to read.

"He just came in," Rempel said, pausing to pet the cat. "Oh hello, buddy. Right into my office, he must know I'm



MP Michelle Rempel plans to take the feline-spy to a vet.

KENNETH APPLEBY/FOR METRO

a cat person."

The cat reportedly ran up a flight of stairs as one of her staff went outside for a morning smoke break. Then, it flopped down on a couch and took a nap.

So far it's been there for a few hours, long enough for Rempel to spring into "cat mommy" action and run out for a litter box, food and supplies.

She's nicknamed it cat 3, because cat 1 and 2 are at home.

But Rempel said the cat definitely belongs to someone in Crescent Heights. She's hoping the owners come forward before the feline is turned into a cat-staffer and has to start making calls.

"Someone's probably really upset, I would guess," Rempel said. "We're not going to let him back out because we're on Centre Street and I don't want him to get run over. We'll probably try to advertise and find the owner."

If your cat has a tendency for politics, and was out for a stroll, he's become the office pet at the Calgary Nosehill constituency office.

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Tackling the Hipster Hangover

WORKING TOGETHER

Metro News takes a crack at Calgary's latest escape room



Aaron Chatha
Metro | Calgary

The Metro editorial team made for bad house guests.

During Metro's attempt to solve puzzles and break out of the Hipster Hangover escape room, the team dug through every item looking for clues — books, laundry and even inside seat cushions.

There were no clues in the seat cushions.

"We're going to have to sew those up," laughed Adil Hooda, co-founder of the Locked Room.

Hooda just helped open the company's third location, featuring four new rooms, so he's used to watching people's disruptive habits play out, and cleaning up after them. It can be especially taxing when people are looking in

places the room creators never intended, but Hooda said designing escape rooms has been the best job he's ever had.

The concept of an escape room is fairly straightforward: a group of people are placed into a room full of different types of locks and puzzles. They have one hour to solve all of the puzzles and get out of the room.

"They're like going to the movies with your friends," said Hooda. "But it's different, because you have to do it together. You're not allowed to watch it at home on Netflix. You're thrown in there — and you have to do it."

Hooda said he often encounters people self-conscious about their ability to solve puzzles. He said, everyone has something different to contribute and the rooms are designed for diverse sets of thinking to escape.

"But in reality, we don't think that's the only goal," he said. "The only goal is fun."

In each room there is a hint button, which will summon a staff member to provide a clue. Metro hit this button multiple times — and each



Adil Hooda stands within the Sinister Study. Originally designed to be a regular apartment, the project took a new turn as the team's puzzle ideas grew more insidious. AARON CHATHA / METRO

time, the staff helped in little ways, without outright revealing answers.

In the end, Metro staff managed to escape with three minutes to spare.

+ PUZZLE-SOLVING FUN FOR ALL

■ **The Locked Room's** new southwest location boasts four rooms, with a larger focus on story and theme, said co-founder Adil Hooda.

■ **Hipster Hangover** has you waking up from a night of heavy drinking in a strange house. Your group must then piece together the previous night's events to escape.

■ **The Sinister Study** is a big room, with a pool table in

the centre. Meant for larger groups, the player's must piece together the room's dark secrets before escaping.

■ The team said the **Great Train Heist** is their most ambitious room — having groups move through a train to complete a robbery.

■ The family-friendly **Minotaur's Lair** is based upon Greek myths and is a more light-hearted experience.

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Stop and sit on the bench

STEPHEN AVENUE

Project aims to make street a positive public space: Students

Stephanie Joe

For Metro | Calgary

A bench on Stephen Avenue wants you to stop and enjoy the space, instead of passing by.

As a pilot project, Paul Miller and Thiago Bueno, graduate students from the Faculty of Environment Design at U of C, placed a bench on Stephen Avenue to get people to stop and enjoy their environment.

"The bench is only one example," said Miller. "Getting people on the street and engaged in public activity is what we're really looking for."

They're hoping people will take away the idea that the street is a positive place for activity in the city. To document the whole process, the pair have carved a hashtag on the side of the bench, #WeAreYYC, so



Paul Miller and Thiago Bueno, U of C students, have carved #WeAreYYC into a new bench so people can post online about their experiences in the area. KENNETH APPLEBY/FOR METRO

people can share their experience online.

"We can see people's engagement in the city via that method," said Miller. "On a functional scale, it provides a staying opportunity for people to converse on the streets."

Bueno added that while Stephen Avenue has a lot of places to sit and have a conversation, usually people go from point A to point B without enjoying the space they're occupying.

"That was our goal," said Bueno, "for people to not just pass

by, but to actually enjoy the public space. With the bench, we are trying to provide a place for gathering."

Passersby appreciated the new addition to the city streetscape.

Shanese Flewelling, a gradu-

“With the bench, we are trying to provide a place for gathering.”

Thiago Bueno

ate from the dance program at the Centre for Performing and Visual Arts at Central Memorial, said that life is too conventional to conform to a conventional bench.

"In Vancouver they do stuff like this all the time, so I figured if I'm not suppose to sit on it someone will stop me and tell me," she said. "It looks cool and it's a cool opportunity, why not take it?"

Jordan Salahub, a waiter at Ruth's Chris Steakhouse, agrees with Flewelling's sentiment towards the bench.

"I usually just walk and eat," said Salahub, "but something that's nice and taken care of, kind of like this, presents the opportunity for you to just sit down and take it all in."

The bench will be on the northwest corner of 1 Street SW and 8 Avenue for 19 more days.

POLICE

Man dies in crash

New Brunswick RCMP say a 23-year-old man from Alberta is dead following a single vehicle crash.

Police say the crash occurred Monday on Route 126 in Rogersville after police attempted to pull over the vehicle. They say the driver attempted to flee and police broke off the chase after excessive speeds were reached. A few minutes later police say they received a report that a vehicle had collided with a power pole and then crashed into a house.

The driver died at the scene.

Police say no one inside the house was injured.

THE CANADIAN PRESS



STAR VISITOR

Chewbacca returns to Expo

As announced on Monday, Peter Mayhew, who played Han Solo's co-pilot on the Millennium Falcon, is returning to the Expo after he last graced Calgary in 2006. Mayhew will be part of a panel, and guests can purchase autographs and photo-ops with him. METRO



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Exhibit puts spotlight on LGBTQ experience

ART

Project inspired by research into structural violence

Stephanie Joe
For Metro | Calgary

Calgary artist Zac Slams is slamming down on under-exposure for trans artists.

Along with seven other creative minds, Slams is hosting an exhibit at the Women's Resource Centre at the University of Calgary to showcase trans, non-binary and gender-variant artists. The exhibit will be going on from April to June, but Slams will be hosting a lunch-and-learn about the project titled Trans Pirate 4 Justice on April 7 at the centre.

"The exhibition is to highlight the LGBTQ people who live in Calgary," she said. "We have an installation, Polaroids, self-portraits, collages and a rap album."



U of C student Zac Slams is hosting a lunch-and-learn focusing on trans, non-binary and gender-variant artists on Thursday.

KENNETH APPLEBY/FOR METRO

Slams said that the exhibit is not only about justice for trans, gender-queer and non-binary people, but about justice for intersexuality as well.

"There are trans, non-binary, gender-queer people in the city who are making things," she said. "So, pay attention and give them opportunities."

"These people are looking for chances to exhibit their work and they're not necessarily getting enough (exposure) because of marginalization or lack of chances."

Dr. Rita Henderson, a medical and educational anthropologist who is a postdoctoral fellow based out of the Department of Family Medicine at U of C, said

"That knowledge ... can sit among certain isolated segments of society unless we find mechanisms like art to get the word out."
Dr. Rita Henderson

that the idea for the exhibit came from a research project that focused on confronting structural violence — a form of harm that is systemic and is embedded in beliefs and practices in society.

"That knowledge can sit in peer-reviewed journals and it can sit among certain isolated segments of society unless we find mechanisms like art to get the word out and to normalize conversations around these experiences," she said. "I hope people take from it an increased comfort with the message of inclusion and health promotion."

ENVIRONMENT

Alberta takes back monitoring work

Alberta is closing its arm's-length environmental monitoring agency and moving its work back to the government after a critical report called the group a "failed experiment."

"Government is responsible for government business, including monitoring, which has an effect on public health and public safety," Environment Minister Shannon Phillips said Tuesday.

Phillips pointed to the report done for her office that painted the Alberta Environmental Monitoring, Evaluation and Reporting Agency as needlessly expensive, poorly co-ordinated and split by bureaucratic infighting.

"It is hard to escape the conclusion that AEMERA is a failed experiment in outsourcing a core responsibility of government to an arm's-length body," wrote report author Paul Boothe, director of the Lawrence National Centre for Policy and Management at Western University's Ivey School of Business.

The agency was founded in 2012 after years of criticism over how Alberta was keeping track of what environmental impacts the then-rapidly expanding oil sands were having.

+ NEW PLAN

Phillips said monitoring will now be done by scientists working for the province, but independent advice will continue to come from the scientific advisory panel created under the old agency.

Provincial scientists were to come together with resources from Environment Canada to jointly monitor how the industry was affecting the region's air, land and water. The resulting agency was funded by \$50 million from industry and another \$28 million from the province, which was to fund the expansion of environmental monitoring across the province.

The agency's research plans have been hailed as a dramatic improvement and numerous scientific papers have been published from its work. But Boothe, a former Environment Canada deputy minister, said the organization itself never gelled.

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Justin Thurn
CNF Staff & Permaculture Specialist

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Justin Thurn
CNF Staff & Permaculture Specialist

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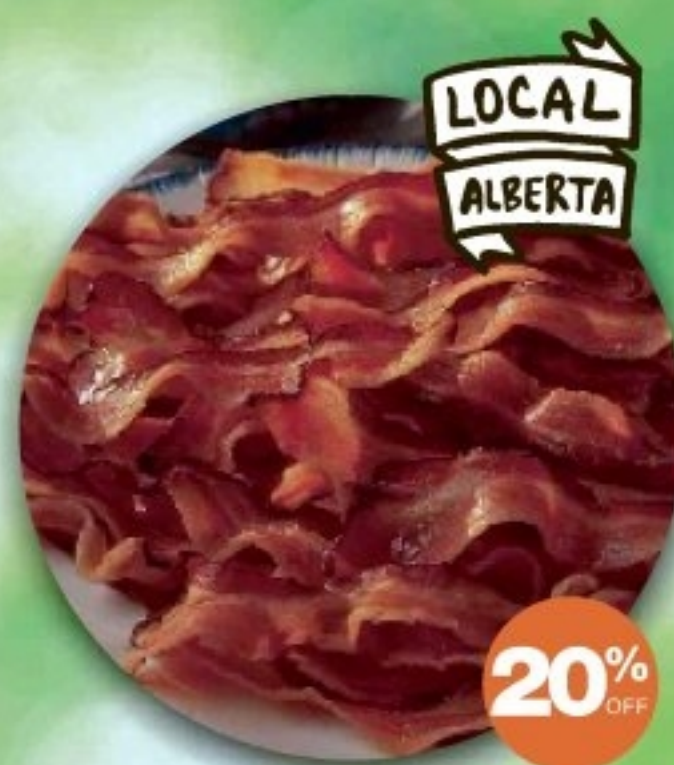


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- 1 Tbsp black chia seeds
- 1 cup unsweetened almond milk (or milk of your choice)
- 1 ½ cups frozen mixed berries
- ½ frozen banana
- 1-2 tsp light honey or agave

TOPPING IDEAS

- ½ banana, sliced
- ¼ cup organic blueberries
- 2-3 organic strawberries, sliced
- 1 tsp chia seeds
- 2 Tbsp chopped almonds or walnuts
- 2 Tbsp raw pumpkin seeds
- 2 Tbsp unsweetened coconut shavings, raw or toasted
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GREASE CLEANSER:

½ tsp washing soda
2 Tbsp white vinegar
¼ liquid soap
2 cups water
Combine ingredients in a spray bottle and apply.

TOILET BOWL CLEANER:

¼ cup vinegar
1 cup Borax
2-3 drops of pine or oregano oil
Combine and let sit in toilet overnight before flushing or cleaning.

DISINFECTANT:

1 tsp Borax
2 tbsp white vinegar
¼ cup liquid soap
2 cups hot water

DISINFECTING ESSENTIAL OILS:

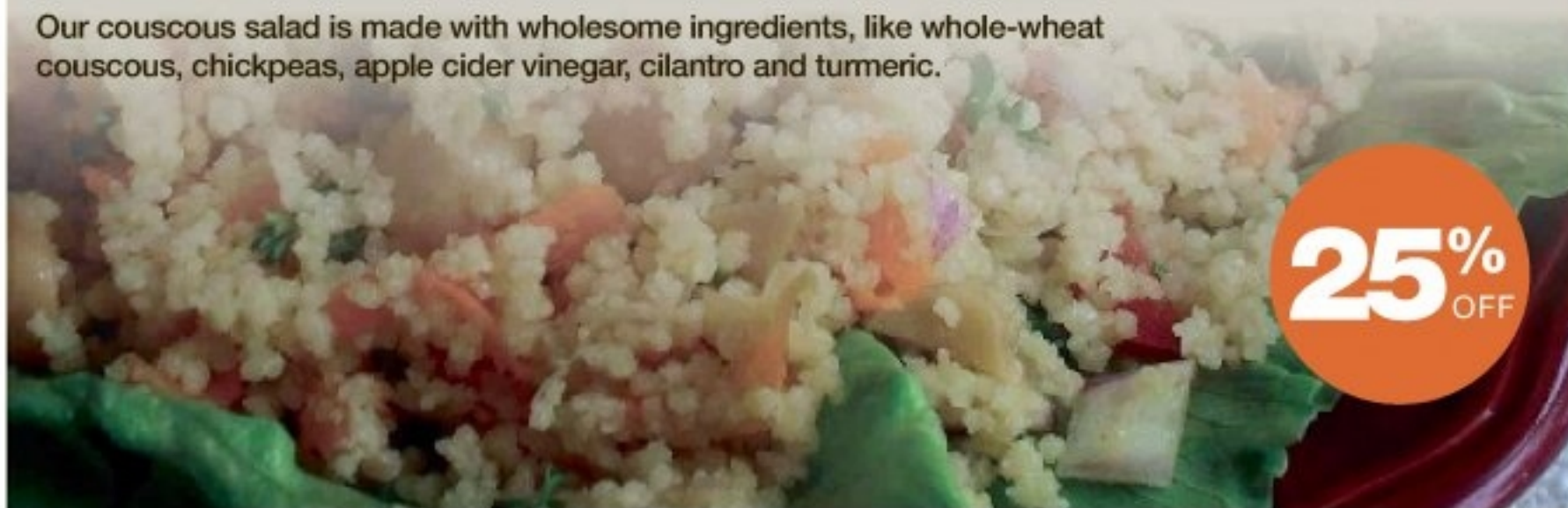
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Politician under fire for 'crude' joke

APOLOGY

Attendees at fundraiser for cancer said to be mortified

A Progressive Conservative MPP in Ontario made "crude and vulgar" comments to a woman who is his federal Liberal counterpart in an Ottawa Valley riding, embarrassing her and many in the audience at a "men's night" cancer fundraising event.

Jack MacLaren cracked a coarse "joke" about MP Karen McCrimmon, a former air-force squadron commander and parliamentary secretary for Veterans Affairs, and her husband, Robert.

MacLaren, the MPP for Carleton-Mississippi Mills, had been among guests at the head table onstage. He was invited to read off greetings as the riding's representative at Queens Park when he took the mic.

According to people at the

March 24 event, MacLaren three times tried to summon McCrimmon to the stage. When she eventually joined him, he put his arm around her shoulder.

He "put her on the spot" over the impact on farmers of federal Liberal capital gains tax policy. He made a comment about her body. He then read off a joke about McCrimmon and her husband that referenced their sexual relationship, according to several who attended the fundraiser at the Carp Agricultural Hall.

MacLaren sat down to "zero applause," said Ron Bidgood, a longtime Carp Fair volunteer.

McCrimmon said the remarks were "very crude and vulgar and totally inappropriate."

MacLaren's office emailed a statement on his behalf: "It was certainly not my intention to cause offence with my comments at the Carp Fair Men's Night. Clearly they were inappropriate in nature. I apologize to those who were offended."

TORSTAR NEWS SERVICE

He looked like an ass. And she looked good. I bet she got more votes out of the whole thing than he did.

Attendee Fred Caldwell



PC MPP Jack MacLaren TORSTAR NEWS SERVICE FILE



A representative for Drake, seen with the helicopter, declined a request for comment. MATT SMALL/TORSTAR NEWS SERVICE

CELEBRITY

Drake has run-in with photographers

Two amateur photographers met Drake on Monday and said the rapper was on his worst behaviour.

Matt Small, a 28-year-old and hobby photographer, said he was taking pictures of a vibrant sunset from Toronto's Polson Pier on Monday when a luxury helicopter landed nearby and produced a VIP passenger: Drake.

Small turned his camera toward the aircraft and snapped away as Drake emerged, joined by a pilot, another man and two women.

A six-foot-tall fence topped with barbed wire and about 20 feet separated Small from the world's most famous rapper. Then, Small said, Drake's friend demanded to know who he was.

Small, thinking the group presumed him to be a paparazzo, replied: "I'm nobody."

That's when Drake removed his fur coat, charged a portion of the fence without the barbed wire and scaled it, said Michael Massie, a 32-year-old family doc-



Drake's helicopter circling the sky. MICHAEL MASSIE/TORSTAR NEWS SERVICE

tor and amateur photographer also at Polson Pier on Monday.

"He was in my face, saying, 'You need to delete those pictures out of respect,'" Small said. "I said, 'You're not respecting me right now, man; you're in my face harassing me.'"

Small refused to delete his photos, worried that in his stressed state he'd erase the whole memory card and lose photos of his young daughter. Also he felt he hadn't done any-

thing wrong.

Drake, wearing a dark turtle-neck and a chain, told him repeatedly to delete the images, Small says, and the pair were joined by Drake's friend.

Small felt "unsettled." He was standing face to face with the rapper when he tried to step back, he said, and realized Drake's friend was standing behind him.

Drake then began taking pictures of him, Small said, re-

peating: "I got you."

At this point, Small "felt like they were going to do something," so he yelled, "Help, someone please call the police."

As Drake's friend grabbed for Small's camera and tried to yank out the memory card, Massie heard the cry and approached.

"I went up with my phone up, 911 dialed but not calling it yet," said Massie, who didn't know Small before the incident.

"I said, 'Whatever's going on, someone tell me, otherwise I'm calling the police right now.'... And Drake says, 'Your buddy has to give us his memory card and delete his pictures.' I said, 'I don't even know him.' He goes, 'You've gotta get rid of your pictures, too.'"

As Drake began walking back to his limo, the rapper asked Massie his name. "He points back and says: 'I'm going to find you, Michael,'" Massie said.

A representative for Drake declined a request for comment.

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Leak threatens world leaders

PANAMA PAPERS

Iceland PM resigns, while others shirk questions

Within 48 hours, the largest leak of confidential documents in history has shaken the foundations of power around the world, triggering the resignation of Iceland's prime minister and sending political shock waves from Pakistan to Argentina to Ukraine.

Prime Minister Sigmundur Gunnlaugsson relented to withering public pressure Tuesday, stepping down as Iceland's leader one day after thousands gathered outside parliament in protest over revelations he held a secret offshore company.

The revelations were contained in the Panama Papers — a collection of 11.5 million documents leaked from the computers of a Panamanian law firm called Mossack Fonseca, obtained

by the German newspaper Süddeutsche Zeitung and the International Consortium of Investigative Journalists and shared with the Toronto Star.

Gunnlaugsson is far from being the only world leader exposed for hiding corporations and money in far-flung tax havens. Here are some leaders whose secret offshore financial dealings have come under scrutiny.

PAKISTAN

Leak: The children of Prime Minister Nawaz Sharif owned London real estate through companies created by Mossack Fonseca.

Response: Did not respond

Fallout: Sharif has bowed to the opposition's demand for an independent investigation into the Sharif family holdings.

"This is a strange logic that if our children earn their legitimate money inside the country there is criticism, and if they work hard overseas and establish and run businesses, even then they are targeted by allegations," the PM said.

UNITED KINGDOM

Leak: The father of Prime Minister David Cameron was a Mossack Fonseca client who used the law firm to shield his investment fund — Blairmore Holdings, Inc. — from U.K. taxes. Ian Cameron, a millionaire stockbroker who died in 2010, used untraceable shareholder certificates known as "bearer shares" and employed "nominee" company directors in the creation of a Panamanian investment fund.

Response: Did not respond.

Fallout: When the dealings of Cameron's father were made public, the PM's office issued a terse statement that there would be no comment on what amounted to "a private matter." Cameron has since faced a barrage of questions about his financial affairs. On Wednesday, Cameron's office stated that neither the PM nor his wife or children currently have any offshore holdings.

TORSTAR NEWS SERVICE

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People protest in front of Parliament building in Reykjavik, Iceland, on Tuesday. The leak of millions of records on offshore accounts claims its first high-profile victim as Iceland's prime minister resigns amid outrage over revelations he used such a shell company to conceal a conflict of interest. DAVID KEYTON/THE ASSOCIATED PRESS

U.S. ELECTION

Trump makes new wall proposal

Donald Trump would try to force Mexico to pay for a border wall by targeting billions of dollars in remittances sent by immigrants living in the U.S., according to a memo released by his campaign Tuesday.

The memo outlines in new detail how Trump would try to compel Mexico to pay for the 1,000-mile wall he's promised to build along the Southern border if he becomes president.

In his proposal, Trump threatened to change a rule under the USA Patriot Act, an anti-terrorism law, to cut off a portion of the funds sent to Mexico through money transfers known as remittances. His plan would also bar non-Americans from wiring money outside of the U.S. unless they can provide documentation establishing their legal status in the country.

Trump said he would withdraw the threat if Mexico makes a one-time payment to finance the wall.

"It's an easy decision for Mexico: make a one-time payment of \$5-10 billion to ensure that \$24 billion continues to flow into their country year after year," the memo reads.

"Good luck with that," President Barack Obama said Tuesday in response to questions about Trump's proposal. He warned of the ramifications



Donald Trump speaks to voters and supporters outside a polling place on Tuesday in Waukesha, Wis. GETTY IMAGES

such a plan would have on the Mexican economy which, in turn, would drive more immigrants to cross the border in search of jobs.

"People expect the president of the United States and the elected officials in this country to treat these problems seriously, to put forward policies that have been examined, analyzed are effective, where unintended consequences are taken into account," Obama said.

THE ASSOCIATED PRESS

+ WISCONSIN

Ted Cruz won a convincing and critical victory over Donald Trump in the Republican primary, while Bernie Sanders won Wisconsin's Democratic primary, defeating Hillary Clinton in a hotly contested state with a long progressive tradition.

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Banana splits less a-peeling

With expected shortages in everything from vanilla to bananas, your ice cream sundae ingredients will likely be a little pricier this summer. We melt down the reasons why sundae prices are set to rise. **TORSTAR NEWS SERVICE**

VANILLA

The top flavour of ice cream in Canada is suffering because demand is outstripping supply. Madagascar, the African island nation that's one of the world's leading vanilla-bean producers, experienced a poor harvest in the past year. The bean price has more than tripled, which is attributable not only to lower supply but poorer quality, since some growers harvested the bean prematurely. So cakes, ice cream or even perfume could face rising prices.

CHOCOLATE

After demand for the addictive treat hit an all-time high of 7.1 million tons in 2015, the recent slump in production has the industry worried. The jump in consumption is happening just as consumers in countries like China and India are developing more of a taste for chocolate. Meanwhile, the Wall Street Journal reports production in Ghana — the second-largest cocoa-growing country in the world — has taken a dive.

PEANUTS

Climate change could have you shelling out more for the peanuts on that sundae, too. U.S. farmers have seen shifts in temperatures resulting in devastating droughts that have destroyed entire crops. And most of the peanuts consumed in Canada come directly from the U.S., according to the Peanut Bureau of Canada. However they need a very stable climate to grow properly. About five years ago, widespread drought in the peanut-growing region in the southern states made the nuts and peanut butter more expensive. And the outlook isn't great either.

BANANAS

Six decades after a banana-killing fungus all but wiped out plantations across Latin America, a new strain threatens to destroy global harvests, Bloomberg reports. While the fungus has been around since the 1990s and has yet to affect top exporter Ecuador, Fresh Del Monte Produce Inc. called it a potential "big nightmare." The UN says the disease threatens supply, and Latin American growers are taking steps to limit risk.



PHOTO: ISTOCK

WORKPLACE

Canada Post wants labour disruption, union says

The union representing postal workers is accusing Canada Post of trying to provoke a labour dispute this summer.

That's because Canada Post filed notices of dispute on Monday with the minister of labour, requesting conciliation help in negotiations — a move which essentially starts the clock on a countdown to a strike or lockout. "This is completely unprece-

ented. It is usually done when talks have broken down, and the parties are far apart," said Mike Palecek, national president of the Canadian Union of Postal Workers.

"It has never happened this early in the process," he said, noting the company hasn't even finished presenting all its demands yet. "They are acting as if they want a labour dispute."

The union estimates a legal strike or lockout date could come in early July. But Canada Post spokesman Jon Hamilton said negotiations began late last year with little progress being made on key issues.

"This brings in a third-party conciliator to work through issues," he said. "It's a productive step. It should be seen as helping both sides to sit down and get a deal."

While Hamilton refused to discuss any of the issues at the bargaining table, he said the company's goal is to get a deal

that's "fair for employees, but respects the environment we are working in and the needs of our customers."

The union says Canada Post is seeking concessions on many fronts including benefits, job security and pensions, including switching new hires to a defined contribution plan from the current defined benefit plan.

It also says the company is unwilling to consider its proposals for service expansion and merging the two units — an urban one with 42,000 members — and the rural-suburban one with

about 8,000.

The contract for rural carriers expired on Dec. 31, 2015, while the contract for the urban group expired on Jan. 31.

Palecek added that the new Liberal government has promised to conduct a review of Canada Post's operations, so the timing is odd. The last round of negotiations in 2011 for the urban unit was marked by rotating strikes, a lockout, and then back-to-work legislation, followed by controversy over the federal government's choice for arbitrators.

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A U.S. federal judge said Tuesday the widow of a man driving the Porsche that crashed and killed actor Paul Walker cannot prove the carmaker is responsible for the accident.



Wednesday, April 6, 2016

RECIPE

ROASTED SEA BASS, FENNEL & TOMATOES

Serves: 6

Prep time: 20 minutes

Cooking time: 35 minutes

Ingredients:

- 1 large fennel bulb, cored and thinly sliced, about 4-5 cups sliced
- 1 tbsp olive oil
- ½ tsp kosher salt
- ¼ tsp freshly ground black pepper
- ¼ tsp dried oregano
- Pinch crushed red pepper flakes
- 1 large yellow onion, cut in half and thinly sliced
- 2 large garlic cloves, minced
- 1 tsp fennel seeds
- ½ tsp dried oregano
- ½ tsp sugar
- ½ tsp kosher salt
- ¼ tsp freshly ground black pepper
- ½ cup dry white wine
- 1 can (28 oz) whole tomatoes, drained (liquid discarded) and coarsely chopped
- 2 tbsp chopped fresh flat-leaf parsley
- 1 tsp lemon zest
- 6 sea bass fillets (6 oz each)
- ¼ tsp kosher salt
- ¼ tsp freshly ground black pepper
- Fennel fronds, for garnish
- Lemon zest, for garnish

Directions:

1. Preheat oven to 450°F. In a large bowl, toss sliced fennel with 1 tablespoon olive oil, salt, pepper, oregano and crushed red pepper flakes. Place in a 13- x 9-inch baking dish and roast for 15 minutes. Stir and continue to cook until tender, 5-8 minutes more.

2. While fennel is roasting, heat 1 tablespoon olive oil in a large

skillet over medium heat. Add onion and cook, stirring, 4-5 minutes until tender. Add garlic, fennel seeds, oregano, sugar, salt and pepper. Cook, stirring, for 1 minute. Increase heat to high, add wine and let it reduce for 1 minute. Stir in tomatoes, reduce heat to low, cover and simmer for 10 minutes. Remove from heat and stir in parsley and lemon zest.

3. Remove fennel from oven and

lower temperature to 400°F. Pat fish dry with paper towel and season fish with salt and pepper. Place the fish over the fennel, top with tomato-onion mixture and place in oven for 10-15 minutes, until cooked through. Garnish with fennel fronds and lemon zest.

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Real world cooking

COOKBOOK

Finding a happy medium between Martha Stewart and Rachael Ray

Melita Kuburas
Metro | Life



Julie Albert and Lisa Gnat will stop at nothing to get people to pick up their book and start cooking.

And, the Toronto sisters know recommendations from foodies and celebs are a serious form of currency. Astronaut Chris Hadfield, chef Michael Smith, actor Jason Alexander and singer Jon Bon Jovi are a few of the big names whose praise appears in the intro for their new book, *Lick Your Plate* (Appetite by Random House).

"We'll take any angle we can to try to get to certain people who we admire or adore. We're huge Seinfeld fans, and of course Jon Bon Jovi remains my 16-year-old crush," jokes Albert, an admitted inexpert in the kitchen. She's in charge of writing and visuals

in the sisters' growing food empire, which now includes three books and a website, Bite Me More.

Their playful tone has stayed the same since they self-published in 2009, but their esthetic has been "fine-tuned," moving away from kitschy towards modern graphic design, says Albert.

Ben Wiseman, who has created colour-pop covers for Time, New York Times and Newsweek magazines, illustrated chapter sections, the more than 100 food photographs mimicking his style with bright pinks, blues and yellows serving as background to the plating.

The book aims to help home cooks elevate simple dishes — without taking up too much time — and take the thinking out of daily meal planning.

"We're not Martha telling someone to make the eight-hour broth, but we're also not Rachael Ray saying put cheese on toast. There is that happy medium," says Gnat, who developed the recipes.

The sisters say they understand the importance of accessible recipes, where all the ingredients can be bought in one shop.

"We love and admire 'the foodie' and we're happy to sit down to a gourmet meal. And we are all about fresh flavours and great food. But we also live in the real world with six kids between us. We don't always have that sort of time and inclination to go on a goose chase for fig paste," says Albert.

I love how the fennel gets very sweet when you roast it. It's a super healthy dish.

Lisa Gnat



Lisa Gnat and Julie Albert

HANDOUT

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- **Event cost:** Free
- **Who will be speaking:** Muslim & Christian speakers (including Bishop Frederick Henry)
- **Location:** Baitun Nur Mosque 4353 54 Ave NE, Calgary
- **RSVP:** www.IslamEvents.ca
- **Event type:** Interfaith
- **When:** April 9th 2016, Saturday
Dinner: 5:30 pm
Proceeding: 6:30 - 8:30 pm
- **Who is invited:** Everyone is welcome
- **Phone:** 403-874-4787



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Asparagus like you've never eaten it

Oh, asparagus, you lovely, stalky, springtime treat. It's hard to hate asparagus — but the roasted and steamed route can get old pretty quick. Here, then, are 10 different ways to serve this perennial plant

THE ASSOCIATED PRESS

The fact that decent asparagus is now available all year doesn't really matter. We've been programmed to think of it as something we must eat in spring. And so we shall.

The good news is that asparagus is wildly versatile. It's delicious raw (and, so long as you don't mind the cliché, wrapped in prosciutto), roasted, shaved, sliced, chopped, even pureed (think creamy soup). Its assertive flavour means it pairs well with robust meats, but it still is light and fresh enough to work in a salad (farro and feta would be nice). So to help you get spring off to a great start, here are 10 ideas for eating more asparagus

1. Soup: Cut 1 bunch of asparagus into 1/2-inch pieces. Steam until just tender and still bright green. Reserve 1/2 cup of pieces, then blend the remaining asparagus with 1 cup warmed half-and-half and 1 cup warmed low-sodium chicken broth or stock. Season with salt and pepper and a pinch of cayenne. Spoon into bowls and top with the reserved pieces of asparagus and a sprinkle of crumbled feta cheese.

2. Pizza: Arrange thin asparagus spears over a prepared pizza crust. Top with slices of brie and pieces of torn prosciutto. Bake at 400 F until the crust is golden and the cheese is melted, about 10 minutes. Drizzle with balsamic glaze.

3. Panini: Assemble a sandwich



of sundried tomato pesto, bacon, asparagus spears and fontina cheese. Butter the outsides of the bread and pan fry, pressing with a spatula until cheese melted and sandwich heated through.

4. Roasted: Toss asparagus lightly with oil, then season with salt and pepper. Spread on a rimmed baking sheet and roast at 400 F until browned and tender. Bigger stalks are best for this. Sprinkle with crumbled blue cheese and toasted walnuts.

5. Pilaf: In a skillet, cook 2 chopped shallots in 3 tablespoons butter. Add 1 bunch asparagus (chopped small) and 1/2 cup chopped pecans. Cook until tender and lightly browned. Add 2 cups cooked rice and 1 tablespoon chopped fresh thyme.

6. Glazed: In a skillet, melt 2 tablespoons butter. Add a bunch of asparagus and 2 tablespoons maple syrup. Cook until the asparagus is tender and the sauce is slightly reduced. Season with salt and pepper, then stir in the zest of 1/2 lemon.

7. In a jacket: Microwave a baking potato until tender. Cut in half and scoop out the middle, leaving enough potato flesh to keep the shape. Mash the scooped out middle and stir in a handful of shredded cheddar cheese, chopped fresh chives and chopped lightly steamed asparagus. Spoon back into the potato skins and place on a baking sheet. Bake at 400 F for 15 minutes, or until the cheese is melted and lightly browned.

8. Salad: Boil 1 pound fingerling potatoes in salted water, then drain and cool. Slice the potatoes into 1/4-inch-thick slices. Combine with 1 bunch asparagus, lightly steamed and cut into 2-inch pieces. Dress with 1/2 cup creme fraiche, 1 tablespoon Dijon mustard, 1 tablespoon lemon juice, 2 tablespoons chopped chives, 1 tablespoon finely minced fresh rosemary. THE ASSOCIATED PRESS



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Noodles

Using a paring knife or peeler, cut a bunch of asparagus lengthwise into thin strips. Boil 8 ounces of fettuccini pasta, adding the asparagus during the last minute of cooking. Drain and toss with butter, 1 minced clove garlic and freshly grated Parmesan cheese. Season with salt and pepper.



Bruschetta

Thinly slice a bunch of asparagus diagonally. Combine with 1 cup chopped roasted red peppers, 1 cup diced fresh mozzarella cheese, 1/4 cup torn basil leaves, 1 minced clove garlic, 2 tablespoons olive oil, 2 tablespoons red wine vinegar and 1 tablespoon Dijon mustard. Season with salt and black pepper. Serve over slices of rustic bread.



**ROSE REISMAN THE SAVVY EATER****THIS WEEK:** Dips for your chips

Craving chips and dip? Skip the creamy for spicy salsa.

✓ **PICK THIS****Old Dutch Restaurant Style Medium Salsa****1/4 cup**

Calories 20
Fat 0g
Sodium 340mg

✗ **SKIP THIS****Marzetti Ranch Veggie Dip****1/4 cup**

Calories 220
Fat 22g
Sodium 440mg

= **HERE'S WHY****Equivalent to as much fat as a serving of Manchu Wok's Honey Garlic Chicken**

Ranch dip is a tasty and popular pick for chips, veggies, wings and more, but it's packing enough fat to be a meal unto itself. It's primarily made from full-fat sour cream, where half the fat is saturated. Salsa is a way lighter pick — with a tomato base instead of sour cream, it's mainly veggies and spices. You'll get a ton of taste with no fat and 11 times fewer calories.

TASTE TEST**Is civet cat coffee worth the price?**

Ariel Teplitsky
 Torstar News Service

You might have heard that coffee beans extracted from the droppings of a civet cat make the world's most expensive brew, but that is no longer true.

Has the hype subsided?

Nope, civet poop coffee is still apparently popular, and still outrageously expensive. It's just that now you can get an even more rare and exotic coffee, which has been plucked from the dung of rescued Thai elephants instead of civet cats. It sells for an astounding \$66 US for 35 grams of roasted beans, enough to brew "approximately five espresso size cups." That is, if you are among the fortunate few who pay up each year before the limited supply sells out.

A decent cup of civet isn't too much cheaper, mind you.

Doi Chaang, the part-Canadian, part-Thai "beyond fair trade" coffee company, sells beans, roasted in Vancouver, harvested from wild, cage-free civets that feast once a year on fresh ripe coffee cherries. Doi Chaang's product is distinct from farms that utilize



Coffee plucked out of rescued Thai elephant dung is now the priciest java in the world. THE ASSOCIATED PRESS FILE

trapped, mistreated animals, which have tarnished the industry in recent years, and the beans retail for the bargain price of \$55 Canadian for 50 grams. You want a pound of the stuff? You're looking at \$500.

Doi Chaang sent a batch for our taste panel to try.

I confirm the proper proportions on multiple blogs, then meticulously hand-grind enough gourmet beans to brew a large French press, adding a little extra — because the one complaint you really don't

want to hear about a \$50 pot of coffee is that it's too weak.

Ironically, considering where it comes from, this coffee smells amazing — possibly better than any I've tried before.

From the moment I cut open the vacuum-sealed pouch, to the grinding, to the steeping process, there's a smooth aroma with an unmistakable, almost tropical earthiness, like coffee brewed with moss.

And the taste? Again, it's very good, with a bit of that moss on the tongue.

It's rich yet gentle enough to be gulped down without cream or sugar. At the same time, however, it's not quite distinct or delicious enough to warrant the astonishing price tag.

A few members of our taste panel outright disliked the stuff. They probably even made the obvious suggestion that it tastes like, well, you know.

Coffee preferences are highly personal. If coffee pinched out of the business end of a shy, fruit-eating mammal produced near-unanimous approval, they would sell it at Starbucks.

Would I eat it again? When I win the Powerball, this will be my go-to brew.



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JOHANNA SCHNELLER
WHAT I'M WATCHING

Walking a fine feminist line

THE SHOW: *The Fall*, Season 1, Episode 3 (Netflix)
THE MOMENT: The media lesson

Detective Superintendent Stella Gibson (Gillian Anderson) has come from London to help Belfast police catch a serial killer of young women. (We know the murderer is Paul Spector, a father played by 50 Shades of Grey hunk Jamie Dornan, but the cops don't.) Soft on the surface — whispery voice, silk blouses, lace bras — but cold steel underneath, Stella mesmerizes men. Including Paul.

In a meeting, she instructs her force about speaking to the press. "The media lives to divide women into virgins and vamps, angels or whores," she says. "Let's not encourage them."

Her boss Jim (John Lynch) calls her into the hall. (They were lovers, and he's still smitten.) He reprimands her for sleeping with another officer. "You didn't think to ask if he was married?" Jim sputters.

He didn't think to tell me," Stella answers serenely. Jim glares at her.

Remaining serene, she says, "Man f*cks woman, that's okay. Woman f*cks man — that's not comfortable for you, is it?"

This series walks a fascinating knife-edge. On one side, it's packed with feminist rhetoric, as above. On the other, it lovingly shows women being terrorized, tortured, murdered and turned into dolls (Paul bathes and poses his victims' corpses).

It creates a high-end peep show, and then scolds us and implicates us for peeping. It's hugely hypocritical. Yet in its very hypocrisy, it calls more attention to, and makes you think more about, how popular entertainment uses women than any other show. You mustn't look, but you mustn't look away.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

'Tis the season for love

You wouldn't know it from the salt stains on your shoes, but spring has sprung and love is in the air. Here are some of the star sweethearts making headlines, along with the Chavril tune that best sums up each union. TORSTAR NEWS SERVICE



Taylor Swift & Calvin Harris

This pair turned the iHeartRadio awards into a love-in, sharing embraces after each of their wins. Accepting an award, Swift called Harris the "most amazing person to come home to."

RELATIONSHIP IN A CHAVRIL SONG: Avril Lavigne, Girlfriend.



Avril Lavigne & Chad Kroeger

On Junos weekend, this inseparable separated duo snuggled on Instagram and flirted in interviews. They maintain they're just supporting each other.

RELATIONSHIP IN A CHAVRIL SONG: Avril Lavigne, Keep Holding On.



Kit Harington & Rose Leslie

The Game of Thrones crowd is going wild with the news that doomed lovers Jon Snow and Ygritte have continued their romance off-screen.

RELATIONSHIP IN A CHAVRIL SONG: Nickelback, When We Stand Together



Vladimir Putin & Wendi Deng

Lovebirds who have the world whispering: The rumoured relationship between the Russian leader and ex-wife of Rupert Murdoch is said to be serious.

RELATIONSHIP IN A CHAVRIL SONG: Nickelback, Burn it to the Ground

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GOSSIP

Amy Schumer calls out Glamour mag over sizing

Irene Kuan
Metro Canada



Amy Schumer makes it clear she has nothing against being 'plus-size', but slams Glamour Magazine for including her in their "Chic at Every Size" issue without asking for her first.

The comedic actress posted on Instagram a closeup of the magazine, which lists celebs Melissa McCarthy, Adele, Ashley Graham and herself, along with this caption:

"Plus size is considered size 16 in America. I go between a size 6 and 8. @glamourmag put

me in their plus size only issue without asking or letting me know and it doesn't feel right".... and asking her followers what their thoughts are about her inclusion in the issue.

The post has so far received more than 50,000 likes and 4,200 comments, with

many of her fans equally irked by the magazine labelling her plus size.

Glamour Magazine, which honoured Schumer with their Trailblazer award at the 2015 Glamour Awards, and where the actress gave a hilarious acceptance speech about not apologizing for who she is, issued this statement: "First off, we love Amy, and our readers do too — which is why we featured her on the cover of Glamour last year."



LIQUID ASSETS

Oz is more than just Down Under

The last time I was Down Under I had fun debating with winemakers about how they were going to move past their generic "drink Australia" mantra.

They argued that their unique regions were the key to defining individual wine styles. My opinion was

(is) that while the average Canadian may be able to find Oz on a map, I'd bet they couldn't put their finger on Sydney let alone South Australia, the country's most famous wine producer. As I predicted, Aussie attempts to turn geography into celebrity have met with uneven success.

The makers of Mallee

Rock 2014 Shiraz Cabernet Sauvignon (\$12.49-\$16.99) have bet on the larger southeastern Limestone Coast in South Australia. Deeply fruited, it's a barbecue-friendly red with hints of mallee (eucalyptus)

PETER ROCKWELL/METRO



Trailhawk is not just a looker



REVIEW

Rugged style backed up by actual rugged capabilities

Mike Goetz

For Metro Canada



Jeep is one of the fastest rising automotive brands here in North America, and even more so in Europe.

And the Jeeps that are selling in numbers are not the ones you see on mountain goat paths, they're the ones you see in the parking lots at Costco and Ikea.

But while parent company Fiat Chrysler Automobiles (FCA) obviously knows how to leverage and market Jeep's high profile and iconic look to a broader and less adventurous audience, you have to also give them credit for continuing to make a select number of Jeeps in the original, rough and ready mode.

In addition to the Wrangler, proficient Jeep off-roaders can be found throughout the line-up — a prime example is our test subject this week, the Cherokee Trailhawk. "Normal" 4X4 Cherokees are already quite off-road capable, owing to a sophisticated driver-selectable five-mode all-terrain system (Auto, Snow,

Sport, Sand/Mud, and Rock). Trailhawk models add locking rear differential, increased approach and departure angles and ground clearance, skid plates, and 17-inch all-terrain tires.

The amazing thing about modern rock climbers like Trailhawk is that they don't punish you when you're not rock climbing. Other than a bit more tire noise, the Cherokee Trailhawk was a model of civility on the streets and the highways.

FCA's high-tech, nine-speed automatic transmission had some teething problems, but they've sorted them; it shifts smoothly and gives the Cherokee a relaxed gate on the highway.

Our tester had the optional 3.2-litre V6, which is refined and powerful, and now features automatic stop-start to save a bit more fuel. A Trailhawk 4X4 model with this engine is not your fuel efficiency choice in the compact crossover segment — its combined city/highway rating is 10.8 L/100 km.

The interior is well executed and appointed, capped off by FCA's new wiz-bang 8.4-inch Uconnect touchscreen.

While the interior feels spacious, the cargo area is a bit wanting. The only other caveat would be the front end styling, which is polarizing. To some it's what makes this a sleek Jeep, to others it's an angry snout.

THE CHECKLIST 2016 JEEP CHEROKEE TRAILHAWK

THE BASICS

- **Type.** Five-door, five-passenger, 4WD, compact SUV
- **Power.** 184-hp 2.4-litre I4, 271-hp 3.2-litre V6
- **Transmission.** Nine-speed automatic
- **Price.** Base \$34,695 (plus destination)



CHEROKEE PHOTOS MIKE GOETZ/FOR METRO; OTHERS HANDOUT

THE COMPETITION



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Honda's hydrogen-fuel cell foray

UNITED KINGDOM

More Brits going electric

Plug-in vehicle registrations in the United Kingdom reached a record in 2015 as 28,188 new ultra-low emission vehicles were registered, said British Transport Minister Andrew Jones. That's more than the totals for the past five years rolled into one. The switch to electric power marked a 94 per cent annual rise compared to the previous year.



TEXT AND IMAGES BY WHEELBASE MEDIA

FIAT CHRYSLER

FCA drops the Dart

In a move to increase lagging profits, Fiat Chrysler Automobiles (FCA) will stop building compact and mid-size sedans to focus more on large wagons and trucks, saying that in a time of cheap gas, small cars don't sell but big, thirsty trucks do. On the heels of 2015, CEO Sergio Marchionne announced the company would kill off the Dart and 200 small sedans.



CALIFORNIA

Honda poised to enter fuel-cell derby

Honda's entry into the embryonic hydrogen-fuel-cell market, the 2017 Honda Clarity Fuel Cell, will be available in certain parts of California later this year, priced around \$60,000 US with a monthly lease rate of "under \$500." That's very close to the \$57,500 US base price and \$499 US lease rate for the 2016 Toyota Mirai, which is already on sale at eight California Toyota dealers, notes alternative-vehicle Web site Green Car Reports. The Hyundai Tucson Fuel Cell is also available for lease in California for \$499 US a month as select Hyundai dealers. All three automakers are limiting their initial fuel-cell vehicle sales to California because it is the only state with any significant hydrogen-fueling infrastructure.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news



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Among the cars honoured by the Red Dot Jury are the Kia Optima. CONTRIBUTED

Super practical car awarded

RED DOT JURY

'Best of the Best' includes the humble Kia that could

Two supercars and a super-practical sedan have all been given best-of-the-best design status by the Red Dot jury.

Which is better, a Ferrari 488

GTB or a McLaren 570S? It turns out that from a design perspective, even the jury of experts that decide the annual Red Dot awards — and which for the first time included legendary automotive designer Chris Bangle on its panel — can't decide either.

Both supercars have been given top honours, a "Best of the Best" award in the product design category.

Ferrari tends to scoop up a Red Dot award every time it

launches a new car, but for McLaren, which has only been in business since 2010, it's a huge achievement.

"The 570S Coupe has enjoyed a fantastic reception since launching last year, and to be recognized by Red Dot with a 'Best of the Best' title is a real honour," said the car's chief designer, Rob Melville.

However, for those that believe innovative or desirable automotive esthetics are still the domain of dream car companies, the two mid-engine turbocharged V8 320 km/h+ supercars have this year been joined in the best of the best category by the Kia Optima.

Unlike the other winners, this is a practical, comfortable and affordable four-door sedan and crucially, one developed by a design team based in the U.S., Korea and Germany to ensure visual appeal.

"Our international design

team has every cause to be exceptionally proud of these most recent awards," said Peter Schreyer, president and chief designer of Kia Motors Corporation and Hyundai Motor Group.

In all, 5,200 items, from smart thermostats and stylish chairs to designer sunglasses and luxury pens, were entered for consideration in the product design category for this year's Red Dot Design Awards.

Of that number this year's 41-strong jury gave out the top honour to just 79 entries in total. The "standard" Red Dot award was won by 1304 products and a further 107 gained an "honourable mention."

The full list of Red Dot winners across all 21 categories — including for vehicles — will be announced in Essen, Germany, at the Red Dot Gala and Awards ceremony on July 4. AFP

Our international design team has every cause to be exceptionally proud of these most recent awards.

Peter Schreyer, president and chief designer of Kia Motors Corporation and Hyundai Motor Group

SMART CARS

Mini breathalyzer is in the works

Honda and Hitachi have developed a miniature prototype breathalyzer that can be integrated into a smart-car key.

There are already a number of high-tech devices either on the market or in development focused on helping drivers know their alcoholic limits.

The most high-profile is the DADSS, a system being developed by the U.S. Department of Transportation's National Highway Traffic Safety Administration that could soon become standard in-cabin equipment on new cars sold in North America.

However, what sets Honda's portable alcohol detection device apart from the others is that it is mobile — it can be used anywhere and at any time as a breathalyzer. This mobility means, according to its makers, that a user doesn't have to get into his or her car to perform a breath test.

This minimizes any temptation to drive.

Likewise, the fact that it's integrated into the car key means that three seconds after providing a breath sample, if too much alcohol is detected, the key will no longer open or start the car.

In order to build a breathalyzer-

+ POTENTIAL

Though just a prototype at the moment, Honda and Hitachi want to commercialize the device and the technology behind it quickly, and to do so, it will have to go through rigorous testing in terms of its accuracy.

er compact enough to fit into a key not much larger and thicker than a credit card, Hitachi had to develop a sensor that was tiny (just five millimetres in area), yet good enough to detect as little as 0.015mg/l of ethanol concentration in a person's breath.

It achieves its readings by also measuring exhaled hydrogen and metabolized acetaldehyde and by using an algorithm to make a calculation based on the concentration of the three substances.

It is currently calibrated in accordance with Japan's drunk driving laws, but the intention is to tune the smart key for different markets and laws.

AFP

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Jays starter Aaron Sanchez allowed just one earned run and had eight strikeouts in seven innings, but had to settle for a no-decision. BRIAN BLANCO/GETTY IMAGES

Jays stung by new rule in Tampa Bay

MLB
Rays let off hook as two late runs overturned due to Bautista slide

Baseball's new rule on breaking up double plays gave Logan Forsythe and the Tampa Bay Rays a disputed 3-2 victory over the Toronto Blue Jays on Tuesday night. With the bases loaded and one out in the ninth inning, To-

TUESDAY At Tampa Bay



ronto's Edwin Encarnacion hit a grounder to third base. After taking a throw from Evan Longoria for the force at second, Forsythe made an errant relay to first that appeared to allow the go-ahead run to score for the Jays.

Rays manager Kevin Cash

asked for a review, claiming Jose Bautista violated the new "Chase Utley Rule" governing slides on potential double plays.

Replay umpires in New York ruled that Bautista did indeed slide inside the bag to illegally hinder Forsythe. The call was changed to a game-ending double play that preserved Tampa Bay's victory.

"I didn't think it was illegal to make contact, especially when it's something so subtle and soft," Bautista said.

"Player safety should be a big

"It's really an embarrassment.... That's good baseball, that's been baseball forever."

Jays manager John Gibbons

concern, I just don't see how my play was unsafe."

THE ASSOCIATED PRESS

CURLING

Calgary rink improves to 7-0 at worlds

Canada downed Russia 7-2 in Tuesday's evening draw to remain unbeaten at the men's world curling championship.

Canada opened the game with a first-end deuce and never looked back, scoring back-to-back singles in the third and fourth ends, and then put away the win with an emphatic three in the eighth to bring on the handshakes.

With comfortable wins in four straight draws, including a 6-3 win over Germany Tues-



Kevin Koe
THE ASSOCIATED PRESS

day morning, skip Kevin Koe and his Calgary team improved to 7-0 in the round-robin portion of the tournament.

Canada has four games remaining in the round-robin schedule, including matches against reigning world champ Niklas Edin

STANDINGS

Canada is alone in the lead in the 12-team round-robin standings, while the Norwegians are close behind at 6-1. John Shuster of the United States is alone in third at 5-2.

of Sweden on Wednesday, and 2014 world champ Thomas Ulsrud of Norway on Thursday.

"We're not looking anywhere past our next game," said Canada second Brent Laing.

"We played another really good game tonight on tough ice conditions with a lot of frost. Draw weight was tough. Luckily I didn't have to throw one because it didn't look like fun. But we have back-to-back games tomorrow, and that's always a tough grind, and that's where our focus is."

THE CANADIAN PRESS



SMASH-MOUTH SADDLEDOME HOCKEY The Flames' Hunter Shinkaruk upends Jake Muzzin of the Kings at Scotiabank Saddledome on Tuesday night. For the story, go to metronews.ca. JEFF MCINTOSH/THE CANADIAN PRESS

NHL

Isles earn return ticket to playoffs

Thomas Hickey scored 2:13 into overtime as the New York Islanders rallied from two goals down in the third period to beat the Washington Capitals 4-3 on Tuesday night to clinch a playoff berth.

Hickey returned to the game after being cut by a skate and beat Braden Holtby to complete the comeback. Holtby allowed four goals on 27 shots and lost in his first attempt to tie Martin Brodeur's single-season wins record.

John Tavares, Kyle Okposo and Anders Lee also scored for New York, which got a 29-save performance from Christo-

pher Gibson in his first career NHL start.

Alex Ovechkin scored his league-leading 46th and 47th goals of the season, and T.J. Oshie also scored for Presidents' Trophy-winning Washington, which has three games remaining for Holtby to attempt to tie or break Brodeur's record.

Gibson, making his second NHL appearance amid a torrent of Islanders goaltending injuries, stopped Evgeny Kuznetsov on a breakaway in overtime, paving the way for Hickey to get the game-winner.

THE ASSOCIATED PRESS

LATE MONDAY

"I believe every shot's going in."

Kris Jenkins whose buzzer-beating three pointer gave Villanova a 77-74 national championship victory over North Carolina with one of the biggest shots in U.S. college basketball history.



Kris Jenkins
GETTY IMAGES

Canada bested by U.S. for women's world hockey title

Alex Carpenter scored the winner as the United States beat Canada 1-0 in overtime on Monday to win the women's world hockey championship.

Carpenter banged home a rebound at 12:30 of the extra period to silence the sold-out crowd in Kamloops, B.C. THE CANADIAN PRESS



Hayley Wickenheiser
THE CANADIAN PRESS

Atlético crumble after losing Torres



Luis Suarez tied it in the 63rd minute, then gave Barça the winner in the 74th over Atlético in the first leg of their Champions League quarter-final. EMILIO MORENATTI/THE ASSOCIATED PRESS

CHAMPIONS LEAGUE

Barcelona rally after Madrid goal scorer's two yellows

Luis Suarez scored two second-half goals to lead Barcelona to a 2-1 comeback victory over 10-man Atlético Madrid in the first leg of their Champions League quarter-final on Tuesday.

Fernando Torres opened the scoring in the 25th minute, but quickly went from hero to villain for Atlético when two reckless tackles saw him sent off in the 35th.

Atlético resisted the defending champion's push for

TUESDAY At Camp Nou



an equalizer until Suarez finally levelled with an opportunistic goal in the 63rd.

Suarez then put Barcelona ahead in the 74th when he played Dani Alves wide before sending the Brazil defender's cross past goalkeeper Jan Oblak with an unstoppable header.

"The most important thing is that we won and they will have to score in the Calderon," Suarez said after scoring his team-high seventh and eighth goals in the Champions League



this season.

The win comes three days after Real Madrid ended Barcelona's Spanish record 39-match unbeaten streak with a 2-1 win at Camp Nou.

Besides recovering its winning ways after the disappointing "clasico" defeat, Luis Enrique's side avenged its exit at the hands of Atlético from the 2013-14 quarter-finals with its club-record 11th consecutive home win in the competition.

Suarez took his overall haul to 45 goals this season, as he and strike partners Lionel Messi and Neymar recovered their dominant form after underwhelming against Real.

THE ASSOCIATED PRESS

+ IN MUNICH

Arturo Vidal's early header was enough for Bayern Munich to beat Benfica 1-0 and take a slender advantage from the first leg of their quarter-final.

The Chilean struck in the second minute, heading home from five yards after being picked out by Juan Bernat.



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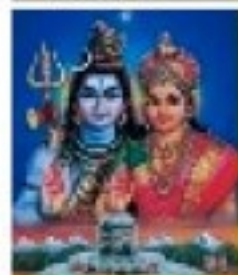


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4. 160 Acres - 5;1;21;18;NW
5. 156 Acres - 5;1;21;18;SE
6. 160 Acres - 5;1;21;17;NW
7. 160 Acres - 5;1;21;17;NE
8. 155.70 Acres - 5;1;21;7;NE
9. 128.69 Acres - 5;1;21;7;NW
10. 155.50 Acres - 5;1;21;7;SE
11. 160 Acres - 5;1;21;7;SW
12. 157.79 Acres - 5;2;21;1;SE
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Anyone interested in submitting an offer to purchase any or all of the lands described above should contact Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.

All offers shall be submitted in writing in the form provided in the offer package and delivered no later than 12:00 p.m. MST (noon) on April 18, 2016 to the following:

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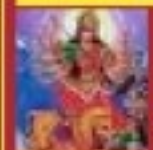
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RECIPE Beans & Greens Soup



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

A well-stocked pantry is the backbone of the easy weeknight dinner and this soup (not quite a soup, not quite a stew).

Ready in
Prep time: 5 minutes
Cook time: 15 minutes

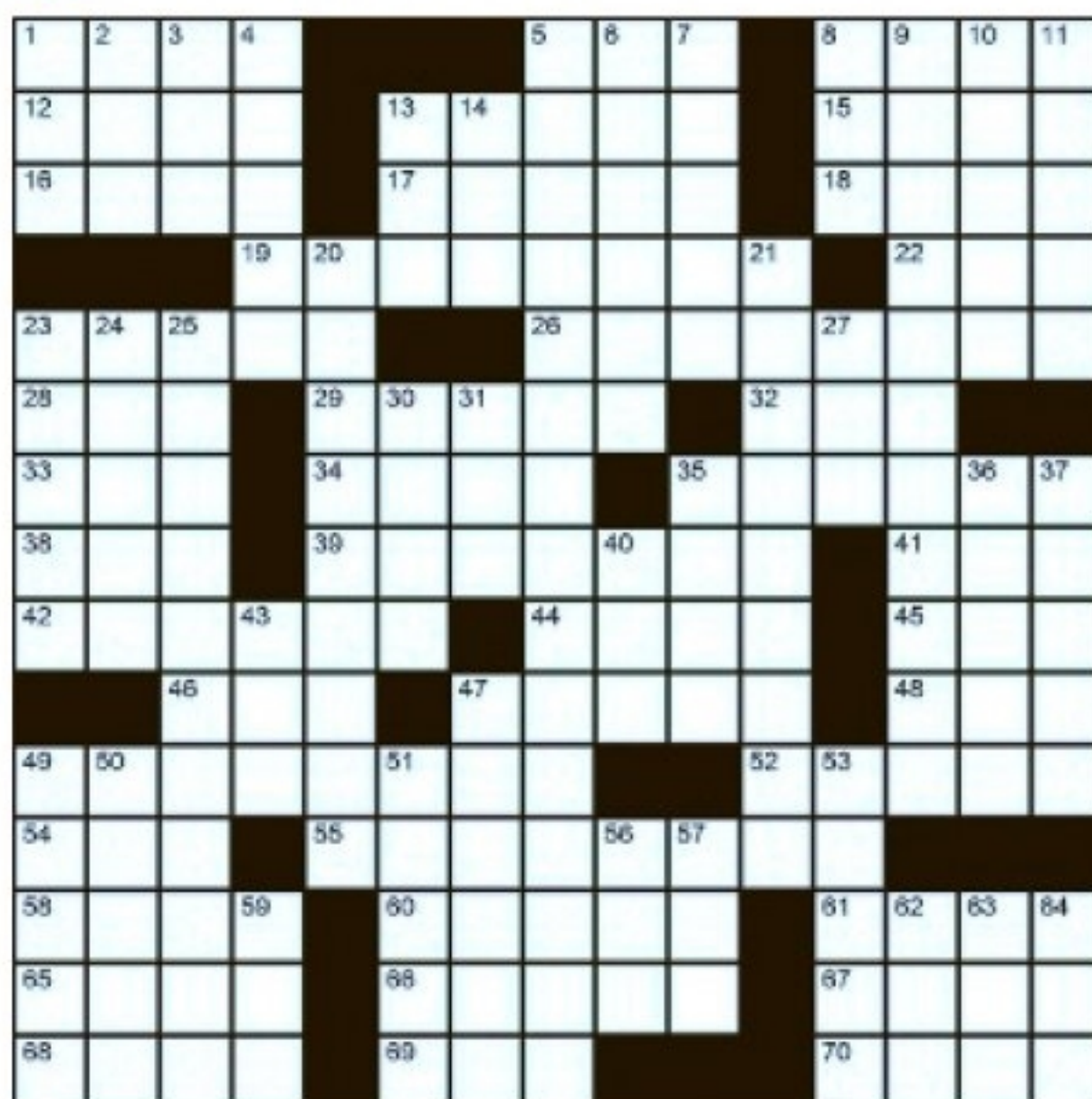
- Ingredients**
- 1/2 cup of olive oil
 - 2 medium onions, diced
 - 3 clove garlic, minced
 - 1 to 2 tablespoons fresh rosemary and thyme, chopped fine
 - 4 cups stock, vegetable or chicken
 - 1 14 ounce can of cannellini beans
 - 1 28 ounce can of chick peas
 - approximately 6 cups fresh spinach, wash and stems pinched off
 - salt and pepper to taste
 - 4 pieces baguette cut an inch thick
 - 1/4 - 1/3 cup grated parmesan

- Directions**
1. Sauté onions and garlic in olive oil until quite soft and beginning to turn golden. Add herbs.
 2. Add the beans. Use a potato masher to crush about half of them. Add the stock and stir. Allow to simmer for 10 or 15 minutes
 3. Fire up the broiler and place the baguette on a cookie sheet. Sprinkle grated cheese on each piece and place under the heat for a couple minutes.
 4. While the cheese is melting, throw the spinach in the soup and stir so it all gets covered by soup and wilts. Taste before adding salt and pepper.
 4. Pull the crostini out of the oven. Ladle soup into a bowl and top with the cheesy bread.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



- ACROSS**
1. Pronged utensil
 5. Can
 8. "The Bridge on the River _" (1957)
 12. Missing from mil. roll call
 13. _ _ chisel (Sculpts)
 15. The bulk
 16. Against
 17. Kind of acid
 18. _ sauce
 19. Toronto-born actress Sheila
 22. Money amt.
 23. _ _ books (DIYer's reads)
 26. City formerly called Constantinople
 28. 'Twenti' tail
 29. Hasn't a _ _ stand on (Doesn't have clout)
 32. Bucharest money
 33. Sundial number
 34. Showroom model, commonly
 35. "Star Trek: The Next Generation" character, Lieutenant Commander _ La Forge
 38. Letters-in-a-row
 39. Donning
 41. Hair accessory
 42. Canadian actress Ms. Grimes
 44. Russian news agency, _TASS
 45. "May _ _ of service?" (Boutique query)
 46. Tit-for- _
 47. Carb-lover's craving
 48. _ Lk (Computer keyboard key)
 49. Appreciative
 52. Actor, Taye _

54. Rapa _ (Easter Island)
55. Answer
58. " _ _ Di..." (Beatles song title bit)
60. " _ _ Nothing" by Whitney Houston
61. "Revolutionary _" (2008)
65. Abound
66. Goat-antelope of Japan
67. Thus
68. Completes
69. "Tut-tut!"
70. Legendary star

- DOWN**
1. Air travel overseer [acronym]
 2. Have
 3. Waste
 4. Gustav _ (The Kiss painter)
 5. 'Ovayok' in Nunavut or 'Coal River Springs' in the Yukon: 2 wds.
 6. "Truthfully?"; 3 wds.
 7. Night; German
 8. Hwy. speed units
 9. Like a rustic cabin's stove
 10. Shakespeare play, _ Like It
 11. Kelly Clarkson's "Mr. Know _ _"

13. Vancouver sch.
14. " _ _ guy walks into..." (Classic joke intro)
20. North Atlantic fishing show on Discovery Channel, " _ _ Cowboys"
21. Bill and Hillary Clinton in '73 upon finishing studies as law students: 2 wds.
23. Charles and William, but not Andrew and Harry
24. _ Mountains (Range in Quebec)
25. Like Saskatchewan's provincial animal which is a deer
27. Modern
30. Large shoe-width size
31. ABC's early li'l daytime show
35. Irritating insect
36. Do computer cleaning
37. Articles
40. TGIF part
43. Ms. Portman, to pals
47. Presses, as an elevator button
49. \$1,000: letter + wd.
50. Mr. Studdard
51. "1234" Canadian songstress
53. "Able was _ _ saw Elba." (Palindrome)
56. Egg-related prefix
57. Fresh
59. Pre-lunch hrs.
62. Grampus
63. Toronto museum, commonly
64. Mr. Cheadle

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Tread carefully today, because power struggles with others are inevitable. Therefore, when talking to parents, bosses, teachers and VIPs, remember the power of courtesy.

Taurus April 21 - May 21
You want to research something deeply today. In other words, you want to get to the bottom of something. Well, you will succeed.

Gemini May 22 - June 21
Discussions with a friend or perhaps someone who is a member of a group might come to a head today, especially concerning how to deal with shared property or how to spend an allotted amount of money.

Cancer June 22 - July 23
Be careful when talking to bosses, parents and VIPs today, as well as partners and close friends, because power struggles are par for the course. Don't get suckered into something that's just not worth it.

Leo July 24 - Aug. 23
Avoid controversial subjects like religion, politics and racial issues today, because they will disintegrate quickly into arguments. People are opinionated and unwilling to listen. Yikes!

Virgo Aug. 24 - Sept. 23
Squabbles about inheritances, shared property and debt might arise today, which is why this is not a good day to discuss those subjects.

Libra Sept. 24 - Oct. 23
Arguments upset your peace of mind. You know this. You need harmony in your surroundings. Therefore, avoid heated discussions with partners and close friends.

Scorpio Oct. 24 - Nov. 22
Machinery and heavy equipment might break down on the job today. In addition, discussions with others also might break down. (It's one of those days.)

Sagittarius Nov. 23 - Dec. 21
Be patient when dealing with children today, even if they have hissy fits and meltdowns. (Lots of people feel this way today.) Patience is your best friend.

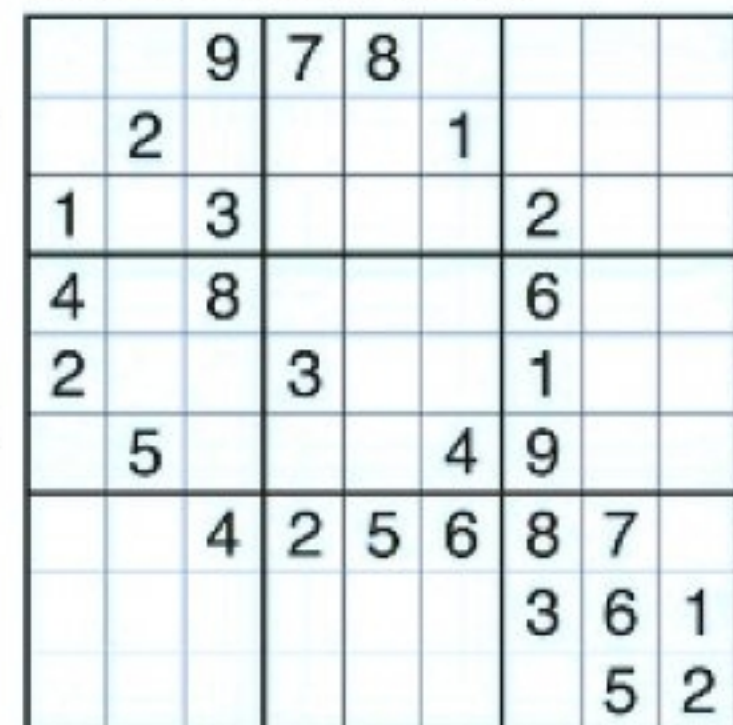
Capricorn Dec. 22 - Jan. 20
Family discussions might be difficult today if people insist on getting their own way. Step back and give things some breathing space. By tomorrow, a solution might be obvious.

Aquarius Jan. 21 - Feb. 19
Don't come on too strong with others today, because you will blow them away! Remember: If you really want people to listen to you, whisper.

Pisces Feb. 20 - March 20
Quarrels about property and money are likely today. Don't get involved, because by the end of the week, things will work out nicely.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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